

Pre-Anesthesia Instructions

Eating and Drinking

- NOTHING to eat 8 hours before the appointment NOTHING to drink 8 hours before the appointment
- Water, gatorade, jello, apple juice, black coffee (no cream) is allowed up until 2 hours before the appointment
- Breast milk is allowed 4 hours before the appointment
- Formula is allowed 6 hours before the appointment
- Your child can NOT go to school or daycare before their appointment

Change in health

Please notify your dentist as soon as there are any changes in the patients health history, including recent illness (Flu, RSV, COVID, high grade fever, pneumonia, asthma exacerbation, chest pain, vomiting, change in mental status).

Clothing

- Wear loose fitting comfortable clothing with SHORT sleeves to allow access for monitors and placement of IV. Pajamas are great for pediatric patients. NO one piece outfits.
- Please remove ALL jewelry and beads from hair. Do NOT wear contacts
- No nail polish

Accompanying adult

- Pediatric patients MUST have at least one parent or legal guardian present when arriving at the office
- Adult patients MUST have an accompanying adult to transport them home and to provide home care immediately following the procedure
- ALL patients MUST be supervised at home for the remainder of the day

Medications

- Continue ALL medications as normal unless directed otherwise by your anesthesiologist, primary care physician, cardiologist, or dental surgeon
- GLP-1 agonist drugs (Ozempic, semaglutide, Rybelsus, Wegovy) used for weight loss MUST be stopped 2 weeks before surgery